

# SYNDROMES FOR ENHANCED SURVEILLANCE

## during the 12<sup>th</sup> Festival of Pacific Arts, Guam, 2016



Syndrome	Case definition	Disease(s) to consider
<b>Influenza-like illness</b>	Sudden onset of fever ( $\geq 38^{\circ}\text{C}$ or $100.4^{\circ}\text{F}$ ) AND cough or sore throat	Influenza, other viral or bacterial respiratory infections
<b>Acute fever and rash</b>	Sudden onset of fever ( $\geq 38^{\circ}\text{C}$ or $100.4^{\circ}\text{F}$ ) AND acute non-blistering rash	Measles, dengue, rubella, meningitis, leptospirosis
<b>Dengue-like illness</b>	Fever ( $\geq 38^{\circ}\text{C}$ or $100.4^{\circ}\text{F}$ ) for 2 days AND 2 or more of the following: 1. Severe headache or pain behind eyes; 2. Rash (maculopapular); 3. Muscle or joint pain; 4. Nausea; 5. Vomiting; 6. Bleeding tendencies (e.g. nose bleeding); 7. Leucopenia; 8. Conjunctivitis.	Dengue Chikungunya Zika (note: fever is usually low grade)
<b>Diarrhea</b>	3 or more non-watery/watery stools in 24-hours	Watery: Cholera Non-watery: viral and bacterial gastroenteritis including food poisoning and ciguatera fish poisoning
<b>Prolonged fever</b>	Any fever ( $\geq 38^{\circ}\text{C}$ or $100.4^{\circ}\text{F}$ ) lasting 3 or more days	Typhoid fever, dengue fever, leptospirosis, malaria
<b>Fever and jaundice</b>	Any fever ( $\geq 38^{\circ}\text{C}$ or $100.4^{\circ}\text{F}$ ) AND jaundice (yellowing of the skin or the whites of the eyes)	Hepatitis A
<b>Acute fever and neurological symptoms</b>	Sudden onset of fever with neurological symptoms; altered mental state; confusion; delirium; disorientation; seizure	Meningococcal meningitis, viral meningitis, other viral encephalitis (i.e. West Nile virus)
<b>Food-borne illness</b>	Gastro-intestinal symptoms (upset stomach, indigestion, nausea, vomiting, gas, or changes in bowel habits (e.g., diarrhea, constipation)) originating from same food outlet or catering site.	Salmonella, staphylococcus, clostridium, campylobacter, and rotavirus infections
<b>Heat-related illness</b>	Dehydration due to heat; heavy sweating, paleness; muscle cramps; dizziness; headache, nausea and vomiting; fainting; extremely high body temperature ( $\geq 40^{\circ}\text{C}$ or $104^{\circ}\text{F}$ ); rapid strong pulse	Heat cramps, heat exhaustion, heat stroke
<b>Any unusual health event</b>	Please report any unusual or unexplained health events that you see or are reported to you, including unexplained deaths and groups or clusters of illness.	Emerging or re-emerging diseases, or sudden disease increases not otherwise identified in surveillance

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