



**ISLAND OF GUAM
OFFICE OF THE GOVERNOR
HAGÁTÑA, GUAM 96932
U.S.A.**

Proclamation No. 2015-70

PROCLAIMING AUGUST, 2015
In Celebration and Recognition of
GUAM BREASTFEEDING AWARENESS MONTH
“BREASTFEEDING AND WORK: LET’S MAKE IT WORK”

WHEARAS, breastfeeding is the natural method of feeding young infants with the nutrients they need for healthy growth and development. Virtually all mothers can breastfeed, provided they have accurate information, and the support of their family, the healthcare system, and society at large.

Babies are most ready to breastfeed immediately after birth, when skin-to-skin — the contact stabilizes the baby’s temperature, respirations, and heart rate. Additionally, breastfeeding during the first hour allows the infant to receive the benefits of colostrum, which is the first step to completing an infant’s developing immune system.

One of the most effective preventive measures a mother can take to protect the health of her infant, including the child’s risk for becoming overweight or obese, is to breastfeed. Breast milk from the mother is easily digested and contains antibodies passed to the infant that help reduce the chance for illnesses like diabetes, ear infections, and allergies. Breastfeeding has also been shown to reduce the risk of SIDS.

In line with this year’s theme, “Breastfeeding and Work: Let’s Make It Work,” the Guam Breastfeeding Committee aims to empower and support ALL women working in public and private sectors. By introducing Public Law 32-098 to employers, they can work with breastfeeding mothers in exploring possible workplace policies and implementation plans. Furthermore, educating women about their health during pregnancy and lactation will help facilitate breastfeeding at the workplace.

NOW, THEREFORE, I, RAY TENORIO, *I Maga’ Låhen Guåhan Para Pågo*, Acting Governor of Guam, by virtue of the authority vested in me by the Organic Act of Guam, as amended, do hereby proclaim the month of **August 2015**, in celebration of **Guam Breastfeeding Awareness Month**.

IN WITNESS WHEREOF, I hereby set my hand and cause the Great Seal of Guam to be affixed in the Capital City of *Hagåtña*, on this **3rd** day of **August**, in the Year of Our Lord, Anno Domini, **Two Thousand Fifteen**.



A handwritten signature in black ink, appearing to read "Raym Tenorio".

RAYM TENORIO
I Maga’ Låhen Guåhan Para Pågo
Acting Governor of Guam