



GOVERNMENT OF GUAM
 DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES
 DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



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JUL 29 2016

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Government of Guam Worksite Wellness Program 3rd Quarter Raffle Drawing

The Department of Public Health and Social Services, in partnership with the Non-Communicable Disease Consortium, the Guam Regional Medical City Hospital, Calvo's SelectCare, Moylan's NetCare and TakeCare, is hosting the **Government of Guam Worksite Wellness Program (WWP) 3rd Quarter Raffle Drawing Event on Friday, July 29, 2016 from 3:00 p.m. to 5:00 p.m. at the Governor's Large Conference in Adelup.**

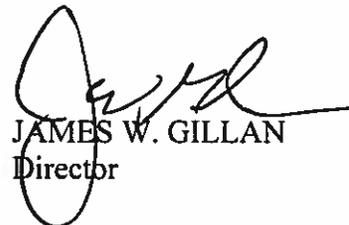
Event activities include the following wellness presentations:

- 3:15pm "Benefits of Crossfit" - Topher Barreto, Unified
- 3:30pm "Functional Fitness" – Julius Naranjo, Custom Fitness
- 3:45pm "My Journey" Frank Manibusan
- 4:00pm "Live Well" – Donabel A. Little, NDTR, CDM, CFPP, ACE-CHC, FHP, TakeCare,

The raffle drawing will begin at 4:15pm. All Government of Guam employee health coaches are encouraged to attend and participate in the WWP wellness event to build a healthier workforce.

The goal of WWP is to improve the health, well-being and productivity of all Government of Guam employees, by enhancing all aspects of health. The WWP aims to increase awareness of positive health behaviors, to motivate employees to voluntarily adopt healthier behaviors and to provide opportunities and a supportive environment to foster positive lifestyle changes.

For more information, please contact Patrick Luçes at 735-7295 or Yvonne Flores at 735-7265.


 JAMES W. GILLAN
 Director