



GOVERNMENT OF GUAM

DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES
DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



EDDIE BAZA CALVO
GOVERNOR

RAY TENORIO
LIEUTENANT GOVERNOR

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JAMES W. GILLAN
DIRECTOR

LEO G. CASIL
DEPUTY DIRECTOR

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FOOD SAFETY ON HALLOWEEN

As Halloween approaches, the Division of Environmental Health of the Department of Public Health and Social Services recommends the following simple steps for an enjoyable and safe Halloween:

Before Trick-or-Treating

- Do not send your children out with an empty stomach. To prevent kids from snacking while they are out, give them a light meal or snack. Encourage children to wait until they get home so parents can inspect the contents of the “goody bags.”
- Instruct children not to accept and eat anything that is not commercially wrapped.

After Trick-or-Treating

- Remove choking hazards such as gum, peanuts, hard candies, and small toys received by very young children.
- Inspect treats for signs of tampering, discoloration, holes, or tears in wrappers. When in doubt, throw it out!
- Wash your hands before opening and eating those treats.
- Be extra careful with kids who have allergies- ingredients are not always clearly listed on individually wrapped candies.

During Halloween Parties

- If you plan to serve juice or cider to guests, make sure it is pasteurized. Unpasteurized juice or cider can contain harmful bacteria such as E. coli and Salmonella.
- Keep all perishable foods chilled until serving time.
- Do not leave food at room temperature for more than two hours.
- No matter how tempting, do not taste raw cookie dough or cake batter.

For more information on Halloween food safety, please call the Division of Environmental Health at 735-7221.

JAMES W. GILLAN
Director